

TOCOVID[™]

VITALITY

NUTRITION FACTS

Serving size	: 53g
Servings per container	: 16
Amount per serving	: 200ml
Calories	: 219 kcal
Calories from fat	: 48.6 kcal
Total fat	: 5.4g
Saturated fat	: 4.7g
Trans fat	: ND (<0.05)
Sodium	: 238.8g
Total Carbohydrate	: 34.1g
Dietary fiber	: 2.1g
Sugar	: 1.4g
Total Protein	: 9.4g

TOCOVID[™] Vitality is a daily nutritional powder drink formulated for adults (40 and above) for the dietary management of brain and body health. It also provides the following:

- Dietary fibre from galacto-oligosaccharides, fructo-oligosaccharides, inulin and oat beta-glucan
- Added with medium chain triglycerides (MCT) oil, sunflower oil and natural mixed tocotrienols
- Suitable for people with lactose intolerance

DIRECTIONS FOR USE

For one standard serving, add 5 scoops (≈ 53g) of TOCOVID[™] Vitality Nutritional Drink into 200ml of warm water. Stir and mix until dissolved.

INGREDIENTS

Isomaltulose, Maltodextrin, Milk Protein Concentrate, Sunflower Oil Powder, Isolated Soy Protein, Micronutrient Premix (Minerals: Calcium, Chloride, Potassium, Phosphorus, Sodium, Magnesium, Zinc, Iron, Manganese, Copper, Iodine, Molybdenum, Chromium, Selenium; Vitamins: Vitamin C, Vitamin E, Vitamin B3, Pantothenic acid, Vitamin B6, Vitamin B1, Vitamin B2, Vitamin A, Folic Acid, Vitamin K1, Biotin, Vitamin D3, Vitamin B12, Choline), Medium Chain Triglycerides (MCT) Oil Powder (Coconut), Inulin, Whey Protein Concentrate, Fructose, Galacto-oligosaccharides (GOS) [containing lactose (milk sugar from cow)], Fructo-oligosaccharides (FOS), Oat Bran Powder, Artificial Vanilla Flavor, Tocotrienol / Tocopherol Complex Powder (Palm).

Contains permitted flavoring substances

Allergen Information: May contain milk, soy, maize and gluten products.

RECOMMENDED STORAGE CONDITION

Keep in cool dry place, away from direct sunlight.

Once opened, use contents within 3 weeks.

Not advisable to be stored after reconstitution, as preparation should be consumed fresh.

No need for refrigeration.

PRECAUTIONS

Not intended for children unless recommended by a Physician or qualified healthcare professional.

DO NOT USE IF SEAL IS BROKEN

When using TOCOVID DRINK under physician or dietitian supervision, be sure to follow the directions

NUTRITION INFORMATION

Serving Size: 53g

Servings per Container: 16

	per Serving	Per 100g
Energy (kcal)	219	413
Carbohydrate (g)	34.1	64.3
Total Sugars (g)	1.4	2.7
Protein (g)	9.4	17.7
Fat (g)	5.4	10.3
Dietary Fibre (g)	2.1	4.0
Oat Beta Glucan (g)	0.2	0.3
Galacto-oligosaccharides (g)	0.1	0.3
Fructo-oligosaccharides (g)	0.5	0.9
Inulin (g)	1.5	2.8
Isomaltulose (g)	15.0	28.3
Vitamin A (µg)	284.7	537.2
Vitamin D (µg)	2.7	5.1
Vitamin E (mg)	4.5	8.4
Total Tocotrienols (mg)	51.7	97.5
Vitamin C (mg)	30.2	56.9
Vitamin K1 (µg)	18.4	34.8
Vitamin B1 (mg)	0.5	0.9
Vitamin B2 (mg)	0.4	0.8
Vitamin B3 Niacin (mg)	2.8	5.3
Vitamin B6 (mg)	0.6	1.1
Pantothenic Acid (mg)	2.3	4.4
Folic Acid (µg)	76.4	144.1
Biotin (µg)	10.5	19.8
Vitamin B12 (µg)	0.9	1.6
Choline (mg)	73.3	138.2
Copper (µg)	154.1	290.8
Sodium (mg)	228.1	430.3
Potassium (mg)	155.7	293.7
Chloride (mg)	213.2	402.3
Calcium (mg)	322.3	608.2
Phosphorus (mg)	158.2	298.5
Magnesium (mg)	42.5	80.2
Iron (mg)	2.6	5.0
Zinc (mg)	3.4	6.5
Manganese (mg)	1.7	3.1
Molybdenum (µg)	23.0	43.4
Chromium (µg)	12.5	23.5
Selenium (µg)	11.9	22.4
Iodine (µg)	34.2	64.5