# Sodium Alginate + Sodium Bicarbonate + Calcium Carbonate



## **GASCOVID**

### **Double Action**

# 250 mg / 106.5 mg / 187.5 mg Chewable Tablet Antacid

#### DESCRIPTION

Round, 16 mm, pinkish, mottled uncoated tablet with peppermint flavour, bevel-edged and flat faces.

#### COMPOSITION

Each tablet contains Sodium Alginate 250 mg, Sodium Bicarbonate 106.5 mg and Calcium Carbonate 187.5 mg.

#### **ACTIONS AND PHARMACOLOGY**

The medicinal product is a combination of two antacids (calcium carbonate and sodium bicarbonate) and an alginate.

On ingestion, the medicinal product reacts rapidly with gastric acid to form a raft of alginic acid gel having a near neutral pH and which floats on the stomach contents effectively impeding gastro-oesophageal reflux. In severe cases the raft itself may be refluxed into the oesophagus, in preference to the stomach contents, and exert a demulcent effect.

Calcium carbonate neutralises gastric acid to provide fast relief from indigestion and heartburn. This effect is increased by the addition of sodium bicarbonate which also has a neutralising action. The total neutralising capacity of the product at the lowest dose of two tablets is approximately 10 mEqH+.

#### **PHARMACOKINETICS**

The mode of action of the medicinal product is physical and does not depend on absorption into the systemic circulation.

#### INDICATIONS

Treatment of acid related symptoms of gastro-oesophageal reflux such as acid regurgitation, heartburn and indigestion, for example following meals or during pregnancy.

#### CONTRAINDICATIONS

This medicinal product is contraindicated in patients with known or suspected hypersensitivity to the active substances or to any of the excipients.

#### PREGNANCY AND LACTATION

Studies did not show any significant adverse effects of Gascovid Double Action Chewable Tablet on the course of pregnancy or on the health of the foetus/new-born child. Based on this and previous experience, the medicinal product may be used during pregnancy and lactation. Nevertheless, taking into account the presence of calcium carbonate it is recommended to limit the treatment duration as much as possible.

#### **PRECAUTIONS**

This product contains sodium. This should be taken into account when a highly restricted salt diet is recommended, e.g. in some cases of congestive cardiac failure and renal impairment.

This product contains calcium carbonate. Care needs to be taken in treating patients with hypercalcaemia, nephrocalcinosis and recurrent calcium containing renal calculi.

There is a possibility of reduced efficacy in patients with very low levels of gastric acid.

If symptoms do not improve after seven days, the clinical situation should be reviewed.

Treatment of children younger than 12 years of age is not generally recommended, except on medical advice.

#### INTERACTION WITH OTHER MEDICAMENTS AND OTHER FORMS OF INTERACTION

Due to the presence of calcium carbonate which act as an antacid, a time-interval of 2 hours should be considered between Gascovid Double Action Chewable Tablet intake and the administration of other medicinal products, especially H2-antihistaminics tetracyclines, digoxine, fluoroquinolone, iron salt, ketoconazole, neuroleptics, thyroxine, penicilamine, beta-blockers (atenolol, metoprolol, propanolol), glucocorticoid, chloroquine, and diphosphonates.

#### MAIN SIDE/ADVERSE EFFECTS

Very rarely (<1/10,000) patients may develop allergic manifestations such as urticaria or bronchospasm, anaphylactic or anaphylactoid reactions.

### OVERDOSE

In the event of overdosage symptomatic treatment should be given. The patient may notice abdominal distension.

### DOSAGE AND ADMINISTRATION

For oral administration, after being thoroughly chewed.

Adults and children 12 years and over: Two to four tablets after meals and at bedtime, up to four times per day.

Children under 12 years: Should be given only on medical advice.

Elderly: No dose modifications necessary for this age group.

Note: The information given here is limited. For further information consult your doctor or pharmacists.

For suspected adverse drug reaction, report to the FDA: www.fda.gov.ph

Seek medical attention immediately at the first sign of any adverse drug reaction.

Storage : Store at temperatures not exceeding 30°C.

Presentation/ packing : Alu/PVC Blister Pack x 6's (Box of 6's, 12's, and 60's).

Manufactured by : Hovid Bhd.

Lot 56442, 7 1/2 Miles, Jalan Ipoh / Chemor, 31200 Chemor, Perak, Malaysia.

Imported & Distributed by : Hovid Inc.

Unit B, 7th Floor, Karina Building, 33 Shaw Boulevard, Pasig City, 1600 Philippines.

Registration No. : DRP-10563

Date of First Authorization : 15 October 2021

Date of revision : October 2021



### Sodium Alginate + Sodium Bicarbonate + **Calcium Carbonate**

### GASCOVID

#### **Double Action**

#### 250 mg / 106.5 mg / 187.5 mg Chewable Tablet Antacid

#### WHAT IS IN THIS LEAFLET

- What Gascovid Double Action Chewable Tablet is used for
- How Gascovid Double Action Chewable Tablet works
- Before you use Gascovid Double Action Chewable Tablet How to use Gascovid Double Action Chewable Tablet
- While you are using Gascovid Double Action Chewable Tablet
- Side effects
  Storage and Disposal of Gascovid Double Action Chewable Tablet
- Product description
- Manufacturer and Product Registration Holder Date of revision

# WHAT GASCOVID DOUBLE ACTION CHEWABLE TABLET

Gascovid Double Action Chewable Tablet is used for relief from the pain and discomfort of heartburn, acid indigestion and acid regurgitation.

#### HOW GASCOVID DOUBLE ACTION CHEWABLE TABLET WORKS

Gascovid Double Action Chewable Tablet belongs to a group of medicines called 'reflux suppressants', which form a protective layer on the top of the stomach contents to prevent stomach acid from escaping from the stomach where it works into the food pipe causing pain and discomfort.

#### BEFORE YOU USE GASCOVID DOUBLE ACTION CHEWABLE TABLET

When you must not use it Do not take this medicine if:

you know you are allergic to any of the ingredients as very rarely difficulty in breathing and skin rashes have occurred

Some of the symptoms of an allergic reaction may include:

- urticaria
- anaphylactic or anaphylactoid reactions

Do not take this medicine after the expiry date printed on the pack or if the packaging is damaged.

If you are not sure whether you should start taking this medicine, talk to your pharmacist or doctor.

### Pregnancy and lactation

Do not take Gascovid Double Action Chewable Tablet if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not take Gascovid Double Action Chewable Tablet if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

Before you start use it
This product contains sodium and calcium carbonate

- you have been advised to follow a diet restricted in either of these
- you suffer or have suffered from significant kidney or heart disease, as certain salts could interfere with these diseases. you know you have reduced amounts of gastric acid in your stomach, as
- this medicine may be less effective.

### Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Do not take this product within two hours of taking other medicines by mouth as it can interfere with the action of some other medicines. This is especially important if you are taking antihistamines, antibiotics (tetracyclines and quinolones such as norfloxacin), iron preparation, antifungals such as ketoconazole, digoxin and beta-blockers (for heart conditions), neuroleptics (for mental illness), thyroxine, chloroquine (for malaria) and bisphosphonates (for osteoporosis)

Other interactions not stated may occur. Talk to your doctor or pharmacist if

#### HOW TO USE GASCOVID DOUBLE ACTION CHEWABLE **TABLET**

How much to use

For oral administration, chew thoroughly before swallowing.

#### Adult, including children over 12 years

When symptoms occur take two to four tablets after meals and at bedtime, up to four times per day.

#### Children under 12 years

Should only be taken on medical advice

No dose modifications necessary for this age group.

Follow all directions given to you by your doctor and pharmacist carefully.

They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

#### When to use it

After meal and at bedtime.

#### How long to use it

Continue taking Gascovid Double Action Chewable Tablet for as long as your doctor recommends.

### If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

#### If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention

If you take too much of this medicine you may feel bloated. It is unlikely to cause you any harm, but please consult your doctor or pharmacist

#### WHILE YOU ARE USING IT

#### Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Gascovid Double Action Chewable Tablet.

Tell your doctor immediately if you become pregnant while taking this medication.

#### Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Gascovid Double Action Chewable Tablet to anyone else, even if they have the same symptoms or condition as you.

Do not take more than the recommended dose unless your pharmacist or

<u>Things to be careful of</u>
<u>Driving and using machines</u>
This medicine may affect your ability to drive or use machines. If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

Like all medicines, product name can cause side effects, although not everybody gets them.

Tell your doctor immediately if you think you are experiencing any of the following possible unwanted side effects while taking the medicine.

Side effects reported (very rare less than 1 in 10 000 chance of an allergic reaction to the ingredients):

- skin rash
- itching difficulty breathing
- dizziness
- swelling of the face, lips, tougue or throat

Other unwanted side effects not listed may occur. Tell your doctor

For suspected adverse drug reaction, report to the FDA: www.fda.gov.ph

Seek medical attention immediately at the first sign of any adverse drug

#### STORAGE AND DISPOSAL OF GASCOVID DOUBLE **ACTION CHEWABLE TABLET**

#### Storage

Keep out of reach of children. Store at temperatures not exceeding 30°C.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

#### PRODUCT DESCRIPTION

What it looks like?
Round, 16 mm, pinkish, mottled uncoated tablet with peppermint flavour, bevel-edged and flat faces

#### Ingredients

#### Active ingredients

ch sachet contains:	Sodium alginate	250.0mg
	Sodium bicarbonate	106.5mg
	Calcium carbonate	187 5mg

### Inactive ingredients

Polyethylene glycol 6000 Mannitol

Acesulfame potassium

Sucralose Magnesium aluminometasilicate

Peppermint flavour

Iron oxide red Magnesium stearate

# Registration Number DRP-10563

## MANUFACTURED BY

Hovid Bhd., Lot 56442, 7 ½ Miles, Jalan Ipoh / Chemor, 31200 Chemor, Perak, Malaysia.

# **IMPORTED & DISTRIBUTED BY**

Hovid Inc., Unit B, 7th Floor, Karina Building, 33 Shaw Boulevard,

Pasig City, 1600 Philippines.

#### DATE OF FIRST AUTHORIZATION / RENEWAL OF AUTHORIZATION

15 October 2021

#### DATE OF REVISION



