

# **Hydrocortisone**

## Hovicor

1% (10mg/g) Cream Corticosteroid

## Hydrocortisone Cream B.P. 1% w/w

## **FORMULATION**

Each gram contains: Hydrocortisone (micronised) 10mg

#### **ACTIONS AND PHARMACOLOGY**

The anti-inflammatory effect of topical application of hydrocortisone, a less potent corticosteroid, is due to its ability to diffuse across cell membranes and subsequently enters the cell nucleus. It then binds with DNA, and stimulates transcription of messenger RNA resulting in protein synthesis of various enzymes. It is absorbed percutaneously, particularly in denuded areas. Occlusion or use over extensive areas increases topical absorption.

## **INDICATIONS**

For relief or treatment of:

- Minor skin irritation, itching, and rashes due to eczema, insect bites, poison ivy, oak, or sumac dermatitis, detergents, cosmetics and jewellery.
- · Anogenital pruritus

#### CONTRAINDICATIONS

- Excessive or prolonged usage in pregnancy is not recommended.
- Avoid contact with eyes.
- · It should not be applied to ulcers of the leg.

#### **PRECAUTIONS**

- Caution in patients with infection at treatment site, and tuberculosis of the skin.
- Paediatric therapy continuing for longer than 2 weeks should be evaluated carefully by the physician.
- Do not bandage or otherwise wrap the treated skin area unless directed to do so by physician.
- Safety for use in lactation has not been established.

#### MAIN SIDE/ADVERSE EFFECTS

Increase liability to infection; prolonged use include moon face, glaucoma, thinning of skin with easy bruising, increase in hair

growth, loss of hair, reddish purple lines on arms, legs, trunk, or groin.

Note: It has fewer side effects on the skin than the more potent topical corticosteroids.

#### **OVERDOSAGE**

Clinical features: Atrophic changes in the skin, secondary infections, burning, itching, irritation, dryness, folliculitis, hypertrichosis, acne, and pigmentation.

Treat overdosage by symptomatic measures, where possible the dosage being reduced or the drug slowly withdrawn.

### DOSAGE AND ADMINISTRATION

Apply sparingly to the affected area.

Adults: Three or four times a day.

Children: One or two times a day.

Caution: Foods, Drugs, Devices, and Cosmetics Act prohibits dispensing without prescription.

Note : The information given here is limited. For further information, consult your doctor or pharmacist.

For suspected adverse drug reaction, report to the FDA: www.fda.gov.ph Seek medical attention immediately at the first sign of any adverse drug reaction.

Storage : Store below 25°C. Protect from freezing. Availability : 5g and 15g Aluminum tube

Date of Renewal of Authorization: 27 August 2020 Registration Number: DR-XY31385

Manufactured by: HOVID Bhd.

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Revision date: September 2020